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CARROT AND RUTABAGA MASH

Yield: 4-6 servings

Time: 1 hour

INGREDIENTS

- 1 pound carrots, peeled and chopped
- 1 pound rutabagas, peeled and chopped
- 1/2 stick butter
- Salt and freshly ground pepper
- Parsley for garnish

DIRECTIONS

Place carrots & rutabaga in a pan, large enough to cover with 1-2 inches of water. Salt the water heavily (like pasta water) Boil carrots and rutabaga together until just soft. Drain vegetables; return to pan and add butter. Smash with a potato masher or in a food processor until puréed. Season with lots of pepper and a little salt. Garnish with parsley before serving.